

## Let's Enjoy Life as a Human

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Living things are called "Creatures" because they "create" Movement to survive. Movement is essential in our life.

But four-legged animals have to live for now, because the position of the body's center of gravity is fixed. However, humans changed their two legs into hands, which allows them to change the position of their body's center of gravity as they wish. This enabled them to make it possible for them to think about the future.

It is well known that societies move from one society to the next over time. Today's society was built with the goal of satisfying material needs and reducing the burden associated with them.

However, human needs change over time from material to emotional. The current society aims to deal with material desires. This has created the problem of excessive energy consumption, and although efforts to develop renewable energy have begun, this, too, has many problems.

Furthermore, as the birthrate falls and the population ages, and AI also requires a huge amount of energy, it is necessary to develop the next society from a completely new perspective.

In short, it is necessary to develop the easiest way to realize human desires for the next society. Society is in fact constantly changing, and humans must constantly adapt to those changes.

This editorial points out the importance of "Instinct". We have no other tools to adequately adapt to the continuously changing real world. We must develop approaches to make the most of our "Instinct". That will bring us a simple, but truly enjoyable society.

Babies may give you clues about how you can build such a society.